

Immanuel Institute: Spring 2025
Biblical Anthropology
Week Four: Being a Godly Husband

**How Can We Build a Godly Marriage*, Joel and Mary Beeke
**The Exemplary Husband*, Stuart Scott (*The Excellent Wife*, Martha Peace)
**Marriage*, Paul David Tripp (2024 Marriage Conference)
**Gospel Shaped Marriage*, Chad and Emily Van Dixhoorn (2025 Marriage Conference)
Disciplines of a Godly Man, R. Kent Hughes
This Momentary Marriage, John Piper
When Sinners Say "I Do", Dave Harvey
The Meaning of Marriage, Tim Keller

Introduction

- Key Biblical Texts:
 - Genesis 2:18-25 (Matthew 19:1-12)
 - Genesis 3:1-21
 - Exodus 20:1-17 (Deuteronomy 5:1-21)
 - Proverbs 5:1-23, 6:20-35, 7:1-27
 - Proverbs 18:22, Ecclesiastes 4:9-10
 - 1 Corinthians 7:1-16
 - 1 Corinthians 13:4-7
 - Ephesians 5:22-33 (Colossians 3:18-19)
 - Hebrews 13:4
 - 1 Peter 3:1-7
 - Revelation 19:6-10, 21:1-4, 21:9-14 (Matthew 22:13-33)

Truths You Need to Know

- You need to know the condition of your _____.

- “There is only one thing that will truly motivate men to follow Christ’s example. That one thing is knowing Christ Himself. In other words, it is a right relationship with God that produces the desire for Christlikeness. You must truly be one of His disciples, or you will not be able to be an exemplary husband. Of course, a right relationship with God is based on an accurate knowledge of Him as He is revealed in the Bible.” (Stuart Scott, *The Exemplary Husband*)

- You need to know the truth about _____.

 - Possible MIS-understandings:
 - God is a domesticated _____.
 - God is a distant _____.
 - God is a spiritual _____.
 - God is a kindly, old _____.
 - The God of the Bible:
 - God is _____ (Isaiah 46:9-10).
 - God is _____ (Exodus 15:11).
 - God is a just _____ (Psalm 98:8-9).
 - God is merciful and _____ (Lamentations 3:22).
 - God is full of _____ (Psalm 111:4).
 - God _____ for his people (Psalm 23:1).
 - God is _____ (1 John 4:8).
 - God is _____ (2 Thessalonians 3:3).
 - “What Christian Husbands Need to Believe about God and Their Lives”
 - “God is powerfully, purposefully and perfectly _____ in your life.” (Romans 8:28-29)
 - “God perfectly _____ your life (past, present, and future).” (Matthew 6:25-7:12)
 - “God will compassionately and graciously _____ with you through life.” (Hebrews 13:5-6)
 - “God has a _____ planned for you.” (Ephesians 5:25-28)
 - “God must be preeminently sought, revered and worshiped in your life.” (Colossians 1:18) ... *Not self, not spouse, not kids, not work, not fitness, not hobbies!*
 - “God is your _____.” (1 Corinthians 11:3)

- You need to know the truth about _____.

- God's View of Man:
 - Man was created _____ God.
 - Man was created _____ God.
 - Man has rebelled _____ God.
 - Man is saved _____ God, _____ God, _____ God.

“We live in a world that is still sadly and terrible broken. Your marriage will not escape its brokenness. We live with flawed people. Your marriage will not be protected from those flaws ... Again and again I have sat with couples who are surprised by what they are dealing with.” (Paul Tripp, *Marriage*)

- You need to know the truth about _____ .
 - The Triune God has eternally enjoyed relationship within the Godhead.
 - The Triune God created us to be in relationship with him and with each other.
 - The Triune God has spoken about how we can live in God-honoring relationships.
 - Relationship Killers:
 - _____ – not pursuing God above all.
 - _____ – thinking too highly of self.
 - Sinful _____ – deceit, gossip, deception, tone, body language.
 - Lack of _____ – overlooking the good to focus on the bad.
 - _____ – focusing on changing others instead of ourselves.

- You need to know the truth about _____ .
 - “God’s Purposes for Marriage”
 - _____ (Genesis 2:18)
 - _____ (Genesis 2:18)
 - _____ (Ephesians 5:25-30)
 - _____ (Genesis 2:24)
 - Right Commitment
 - _____ your parents.
 - _____ to your spouse.

- God's Intentions in Your Marriage
 - God intends for marriage to be our _____ relationship.
 - God intends for marriage to be a _____ relationship.
 - God intends for marriage to be a _____ relationship.

- You need to know the truth about your _____ in marriage.
 - Ephesians 5:22-33 is clear that just as _____ is the head of the _____, so the _____ is the head of the _____.
 - In describing the headship of the husband, Ephesians 5:22-33 places more emphasis on _____ than _____.

Responsibilities You Need to Embrace

- You must _____ the one, true God.
 - “A marriage of love, unity, and understanding is not rooted in romance; it is rooted in worship ... When the Bible says that we are worshipers, it means that every human being lives for something. All of us are digging for treasure. All of us are in pursuit of some kind of dream. Behind everything we do is some kind of home. Every one of us is in constant pursuit of life ... Being a worshiper means that you attach your identity, your meaning and purpose, and your inner sense of well-being to something. You either get these things vertically (from the Creator) or you look to get them horizontally (from the creation). This insight has everything to do with how a marriage becomes what it is. No marriage will be unaffected when the people in the marriage are seeking to get from the creation what they were only every meant to get from the Creator ... I have become more and more persuaded that marriages are fixed vertically before they are ever fixed horizontally.” (Paul Trip, *Marriage*)

- You must _____ your wife.
 - Love is not romantic feelings, physical attraction, sex, needing, benefitting, words alone, actions alone, or being “in” love.
 - A husband's love for his wife must mirror _____ love for his _____ (Ephesians 5:22-33).

- Takes the initiative (1 John 4:9-11)
 - Enduring (Psalm 17:12)
 - Verbalized (Jeremiah 31:3)
 - Compassionate (Psalm 112:4)
 - Demonstrated in action (Romans 5:8)
 - Does what is best (Romans 8:28)
 - Self-sacrificial (John 10:11)
 - Treasures (Luke 15:11-32)
 - Not based on performance (Psalm 103:10)

- You must _____ your wife.
 - Husbands have God-given _____ (Romans 13:1-2).
 - God-given authority includes a call to _____ (Matthew 20:26-28).

- You must live out the Bible's _____ ethic.
 - "Six Biblical Principles of Sexual Intimacy for Husbands"
 - "Sexual intimacy in marriage was instituted by God; therefore it can be pure and holy and should be enjoyed."
 - "Sexual intimacy in marriage should be kept in perspective."
 - "Sexual intimacy in marriage should not be self-focused."
 - "Sexual intimacy should be the culmination of a loving relationship."
 - "Sexual intimacy seems to happen differently for men and women."
 - "Sexual intimacy should be regular."

- You must be a good _____ (Psalm 24:1, Matthew 25:14-30, Romans 14:12, 1 Corinthians 4:2, 13:13-14)
 - Stewardship involves your _____ (wife, children, parents).
 - Stewardship involves your _____ (money, possessions).
 - Stewardship involves your _____ (work, family, church).
 - Stewardship involves your _____ (talents, spiritual gifts).
 - Stewardship involves your _____ (wife, children, world).

- You must be _____.
- “You cannot have humility where pride exists. Pride is the opposite of humility and it is one of the most loathed sins in God’s sight.” (Proverbs 16:5, 16:18, 26:12, Romans 12:3, Ephesians 4:1-2, Philippians 2:3-4)
- Pride involves focusing on self, and it can manifest itself in self-_____ or self-_____.
- “Manifestations of Pride”
 - Complaining against or passing judgment on God.
 - A lack of gratitude in general.
 - Anger.
 - Seeing yourself as better than others.
 - Having an inflated view of your importance, gifts, and abilities.
 - Being focused on the lack of your gifts and abilities.
 - Perfectionism.
 - Talking too much, or talking too much about yourself.
 - Seeking independence or control.
 - Being consumed with what others think.
 - Being devastated or angered by criticism.
 - Being unteachable.
 - Being sarcastic, hurtful, or degrading.
 - A lack of service.
 - A lack of compassion.
 - Being defensive or blame-shifting.
 - A lack of admitting when you are wrong and asking for forgiveness.
 - A lack of biblical prayer.
 - Resisting authority or being disrespectful.
 - Voicing preferences or opinions when not asked.
 - Minimizing your own sin and shortcomings.
 - Maximizing other’s sin and shortcomings.
 - Being impatient or irritable with others.
 - Being jealous or envious.
 - Using others.
 - Being deceitful by covering up sins, faults, and mistakes.
 - Using attention-getting tactics.
 - Not having close relationships.

- You must be _____, or understanding (1 Peter 3:7).
 - Peter calls husbands to live _____ their wives.
 - Peter calls husbands to be _____.
 - Peter calls husbands to show _____ to their wives.
 - Peter reminds husbands that they are not _____ their wives.
 - Peter warns husbands that their marriage relationship impacts their heavenly relationship.

- You must help your wife deal with her sin.
 - A husband must help his wife grow in Christlikeness by _____ using the _____ of God (Ephesians 5:25-27).
 - A husband must help his wife grow in Christlikeness by _____ to the counsel of the _____ of God (Matthew 7:1-5, 18:15-19, Galatians 6:1, Colossians 3:13, 1 Thessalonians 5:14).

- You must be a good _____.
 - Good communication involves our _____ (Ephesians 4:29).
 - Good communication involves _____ (Proverbs 18:13).
 - Good communication involves _____ (volume, tone, facial expressions, hand gestures, sighing, rolling eyes, disgust, posture).
 - Good communication involves _____ and _____ (Matthew 5:37, Proverbs 25:11).

- You must resolve _____.
 - Conflict can come from innocent _____, from offended _____, or from sinful _____.
 - Typically, husbands deal with conflict by staying _____, _____ their spouse, changing the subject, or growing in _____.
 - Biblically, husbands should pursue _____ and _____ with their spouse (Romans 12:18, Hebrews 12:14).

Regrets You Want to Avoid

- You want to avoid the regret of _____.
- You want to avoid the regret of _____ and _____.
- You want to avoid the regret of _____.

Conclusion

- “Men, we could sum up this entire book with these two points – love the Lord your God with all your heart, and lovingly lead and cherish your wife for the glory of God.”
 - Foolish Responses:
 - “No one is perfect.”
 - “There is no use trying.”
 - “My wife isn’t any better.”
 - “I’m too old to change.”
 - “Compared to other men, I’m not that bad.”
 - “Maybe I’ll work on it after the kids are gone.”
 - “I’m just too busy to work on it.”
 - “My wife will need to change first.”
 - Christlike Responses:
 - “I’ve not arrived.”
 - “I thank God for his mercy and grace.”
 - “I thank God for my wife.”
 - “I will confess my sins to God and my wife.”
 - “I will ask forgiveness from God and my wife.”
 - “I will make a plan of change.”
 - “I will seek to serve faithfully in a Bible-believing church.”
 - “By God’s grace, I will press on.”
- “Men, are you working on the second most important relationship of your life (God is first)? Sweat any lately? No perspiration, no progress. No pain, no gain. Let us bow to God’s Word: ‘Act like men, be strong. Let all that you do be done in love’ (1 Corinthians 16:13, 14). Discipline yourself for the purpose of godliness.” (Kent Hughes, *Disciplines of a Godly Man*)